

Sample from the book

The **functional contrast** is seen whenever an individual's reality significantly deviates from what we could call mutual or 'Collective Reality'. The greater the contrast the greater the difficulties an individual will experience in achieving desired end results. Examples of deviating behaviors result from all of our possible traits: sociability, lethargy, hygiene, intelligence, ethics, etc. But each of our lives is unique, and our experiences add diversity to the cultures that we live in. Diversity, as always, introduces the 'new'...

We grow and learn our lessons and then share them with our families and others... It is with such thoughts that this discussion has been created... This book was written to get the attention of people who want 'more' out of Life: People seeking harmony, achievement, and most importantly a sense of meaning in their lives... Do you feel that your life is consistent with the mouse in the little wheel?

What happened to your freedom?